PORTALES MUNICIPAL SCHOOLS PRE-K THRU 6TH GRADE

Choice of Fat Free Chocolate (30g), Fat Free Strawberry (30g), or 1% White Milk (13g)

FEBRUARY 2023

SALAD AND FRUIT BARS OFFERED AT ALL SITES BUT BROWN 1/9/23 MENU SUBJECT TO CHANGE DUE TO AVAILABILITY				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY revised 11/29/17
J-Cap Valle	entine's	1BREAKFAST Muffin, Egg Bake Bites, Sliced Apples, JuiceLUNCH	2BREAKFAST Eggstravaganza Burrito, Banana, JuiceLUNCH	Parent Teacher Conference
Jay (man)		Hamburger, Baked Beans, Lettuce & Tomato, Fresh Fruit	Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears	
6 Early ReleaseBREAKFAST	7 ~~BREAKFAST~~	8 ~~BREAKFAST~~	9 ~~BREAKFAST~~	10 ~~BREAKFAST~~
Benefit Bar, Fruit Cups, Juice	Pancake on a Stick, Applesauce, Juice	Cream Cheese Bagel, Sliced Apples, Juice	Egg & Cheese Biscuit, Banana, Juice	Cereal, Cheese Stick, Apple Crisp, Juice
~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~
BBQ Sandwich, Fries, Broccoli, Mixed Fruit	Beef & Cheese Nachos, Pinto Beans, Carrots, Pears	French Bread Pepperoni Pizza, Green Beans, Fresh Fruit	Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches	Frito Pie, Corn, Carrots, Applesauce
13BREAKFAST	14 ~~BREAKFAST~~	15 ~~BREAKFAST~~	16 ~~BREAKFAST~~	17 ~~BREAKFAST~~
Ultimate Breakfast Round, Fruit Cups, Juice	Morning Roll, Applesauce, Juice	French Toast, Sliced Apples, Juice	Egg & Cheese English Muffin, Banana, Juice	Pizza, Apple Crisps, Juice
~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~
Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit	Pizza, Broccoli, Carrots, Peaches	Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit	Popcorn Chicken, Mashed Potato, Cucumbers, Gravy, Roll, Pears	Sandwich, Lettuce & Tomato, Carrots, Chips, Slushie
20 ~~BREAKFAST~~	21 ~-BREAKFAST~~	22 Breakfast	23 ~~BREAKFAST~~	24 ~~BREAKFAST~~
PRESIDENTS DAY	Cheese Filled Breadstick, Applesauce, Juice	Muffin, Egg Bake Bites, Sliced Apples, Juice	Eggstravaganza Burrito, Banana, Juice	Waffle, MixZees Dried Fruit, Juice
PRESIDENTS DAY*	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~	~~LUNCH~~
	Pizzaboli Bites, Broccoli, Carrots, Peaches	Cheeseburger, Baked Beans, Lettuce & Tomato, Fresh Fruit	Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears	Drumsticks , Macaroni & Cheese, Green Beans, Carrots, Applesauce
27 -~BREAKFAST~~	28 BREAKFAST			-
Benefit Bar, Fruit Cups, Juice	Pancake on a Stick, Applesauce, Juice	FREE	BREAKFAST	AND
~~LUNCH~~	~~LUNCH~~			
Beef & Cheese Nachos, Pinto Beans, Carrots, Pears	BBQ Sandwich, Fries, Broccoli, Mixed Fruit	LUNCH	FOR ALL	STUDENTS